



## LUNCH MENU

Box Lunches provided in cooperation with



McEvoy's Culinaria & Delicatessen  
2602 South Bay Shore Drive, Sister Bay

Proudly Featuring



### All Box Lunches (except #8) Include:

**Choice of Sandwich, Choice of Beverage:** Water, Coke, Diet Coke, or Sprite

A Bag of Chips, Fruit Cup, A Cookie, & a Pickle Spear

(See Keto/Diabetic Box #8 For Dietary Substitutions Included)

**Mayo, Mustard, and Vinaigrette will come in packets, not on the sandwiches**

The French and Ciabatta Breads Below do have a Firm Texture & Crust

**(Gluten Free & Softer Bread Is Available For All Sandwiches)**

**1. Italian Sub** -- French Bread, Pepperoni, Capicola Pork, Genoa Salami, Picante Provolone Cheese, Red Onion, Roma Tomato, Arugula Greens, & Mild Giardiniera Peppers

**2. Ham & Colby Jack**  
French Bread, Ham, Colby Jack Cheese, Tomato, Red Onion, & Lettuce

**3. Turkey Cranberry** – Ciabatta Bread, Spread of Cream Cheese with Walnuts & Cranberry, Turkey, Swiss Cheese, Arugula Greens, & Red Onion

**4. Roast Beef & Cheddar**  
French Bread, Roast Beef, Cheddar Cheese, Tomato, Red Onion, & Lettuce

**5. VEGAN Italian Sub** – French Bread, Plant Based Deli Meats, Cheese, Red Onion, Roma Tomato, Arugula Greens, & Mild Giardiniera Peppers  
\*vegan mayo upon request

**6. BLT Classic**  
Sourdough Bread, Bacon, Lettuce & Tomato

**7. Turkey & Smoked Gouda** – French Bread  
Turkey, Smoked Gouda Cheese, Tomato, Red Onion, & Lettuce

**8. KETO & Diabetic Friendly** – Turkey, Ham, Bacon, Tomato, Cucumber, Arugula, & Red Onion Wrapped in a leaf of Romaine. **A side salad** instead of chips, **a 2G Low Carb Yogurt Cup** instead of the cookie. The Grapes & Pineapple in the fruit cup should be avoided if doing Keto.